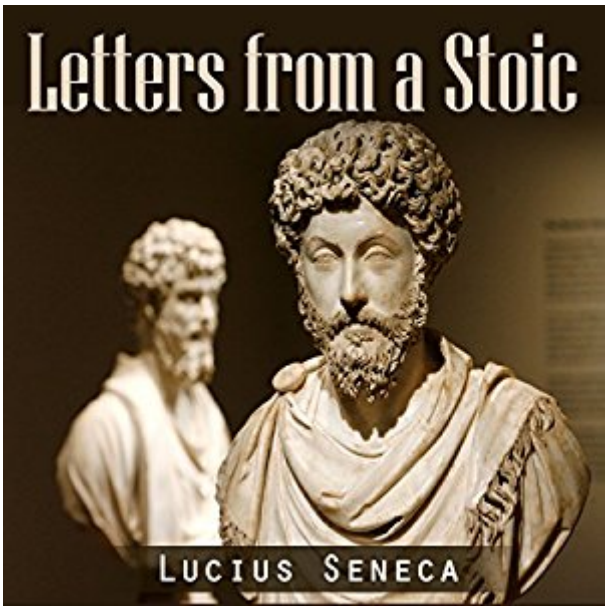
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Letters From A Stoic



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Synopsis

I feel, my dear Lucilius, that I am being not only reformed, but transformed. I do not yet, however, assure myself, or indulge the hope, that there are no elements left in me which need to be changed. Of course there are many that should be made more compact, or made thinner, or be brought into greater prominence. And indeed this very fact is proof that my spirit is altered into something better, that it can see its own faults, of which it was previously ignorant. In certain cases sick men are congratulated because they themselves have perceived that they are sick.

Book Information

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Customer Reviews

Generally I liked this book, because of the variety of topics, but that was also why I didn’t like it so much. There are some lessons for living based on stoic beliefs, which I think still apply in our day and age. In fact I was quite amazed that the text that was written so long ago is still relevant today. Seneca writes in a very concise and lucid language, so everything is clear. He doesn’t go into philosophical rants that put you to sleep. I just wish that there were more letters or a better selection of letters in the tome so that some topics wouldn’t repeat so much

This book is a ripoff. The text is all there, but the cover is terribly pixelated and the text is too small. This book was not well made, or even well ripped-off. Spend the extra few dollars to get a nicer copy.

This is homemade and trashy looking. The print is microscopic and the cover photo is an horribly

pixilated enlargement of a thumbnail someone found online. THERE ARE NO PAGE NUMBERS! The chapter headings are the same size font and aren't bold or underlined or anything to make it obvious. The chapters don't even start on a new page.I bought this for a gift but I'd be embarrassed to give this to anyone.

Great except the paint on the book is slowly but consistently falling off (and gets all over my hands). I have to dock a star for that.

I actually own this in paper Back, and had been waiting for it to come into the Kindle Edition. Like Tim Ferris of The Four Hour Work Week, I read it in the morning first thing to influence my mind set for the day. As with life, sometimes it is burning with insights and reminders. Other times it just plods. But I find it very informative with ideas on how to be a better person and to live better. Even though this Philospher had controversy about if he lived as he suggested one lives. This point and a brief history on him is given at the beginning of the book. My main issue with the Kindle Edition is that whoever at the Publishers converted it for Kindle Edition, didn't bother checking it out on a Kindle. Seems for some odd reason the text will inexplicably go from normal size to 1-2 sizes bigger for a few paragraphs and then go back to regular size. I compared some of the passages to the hard copy and there is no rhyme or reason for the text size change. Do get the book, the font change is a tad annoying, but nothing major and the book is still very readable.

The book is highly relateable, and you'll find yourself wondering how Seneca's observations and experiences didn't happen yesterday on the street, in your home, and at work, but rather all the way before Christianity itself. Just goes to show you that no one has a monopoly on morality and just how much moral doctrine is re-branded and made to look exclusive. Experience is experience, and wisdom wrought from it is not only the only valid wisdom but a shared human experience. This book is (largely) wisdom, sans mythology.

For those not familiar with this work, you're in for a real treat! This is gripping and timeless, a solid foundation for exploring your own world view.

everyone should have one book from any stoic on his bookshelf. and Seneca is the best choice. i just adore everything he says. i caught myself nodding while reading his words to his friend. im completely fascinated by this philosopher, and so should you.

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